



Door Stops of Hope

15 minute Jubilee Activity

Objective:

In the first part of the session participants have chance to reflect on the many 'Holy Doors' in their lives. The doors where they are welcomed and cared for. The doors where they encounter Gods love. In the second part of the session participants create and decorate a doorstep that can be used to symbolises hope in this Year of Jubilee and are sent out with the challenge to gift the doorstep to either someone who has made them feel welcome, an SVP project or their local holy space to remind them to keep the door of welcome open.

What you will need:

- Wooden or fabric doorstops.
- Acrylic paints, markers pens, or fabric paints
- Brushes and sponges



Introduction (2 minutes)

- Welcome everyone and explain the purpose of the activity.
- Briefly discuss the Year of Jubilee, emphasising themes of renewal, hope, and community.

Discussion (3 minutes)

Ask participants what "hope" means to them. Prompt with questions:

- What gives you hope?
- What images spring to mind when you think of hope?
- How can we share hope with others.
- Encourage sharing ideas that can inspire their decorations.

Decorating (8 minutes)

- Show how to decorate the doorstep using various materials.
- Demonstrate a few simple designs (e.g., painting a rainbow, writing a word like "Hope" or "Joy").
- Emphasise that there's no right or wrong way to express their creativity.
- Hand out materials and let participants start decorating their doorstops.
- Walk around to provide encouragement and support, answering questions and offering suggestions as needed.

Sharing (2 minutes)

- Invite participants to share their creations with the group.
- Encourage them to explain the meaning behind their designs if they feel comfortable too.
- End the time of sharing with Romans 15:13

*"May the God of hope fill you with all joy and peace as you trust in him,
so that you may overflow with hope by the power of the Holy Spirit."*

- This line from St Paul to the Romans is a reminder that everyday we can make an active choice through small actions of hope to impact the lives of the people around us.

Wrap-Up (1 minute)

- Thank everyone for their participation.
- Remind them that their doorstops are symbols of hope and will serve as a reminder of the positive impact they can have in their lives and communities.
- Encourage them to gift their doorstep to someone who makes them feel welcomed and cared for or to a place where they encounter Gods love.

Share with us

- We'd love to see your doorstep designs and hear some of your messages of hope.
- Take pictures and share them with us on our instagram [@svpyoungvincentians](https://www.instagram.com/svpyoungvincentians) or email us youngvincentians@svp.org.uk

