

Easter Sunday

John 20:1-9

'He must rise from the dead.'

On the first day of the week Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, 'They have taken the Lord out of the tomb, and we do not know where they have laid him.' So Peter went out with the other disciple, and they were going towards the tomb. Both of them were running together, but the other disciple outran Peter and reached the tomb first. And stooping to look in, he saw the linen cloths lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen cloths lying there, and the face cloth, which had been on the head of Jesus, not lying with the linen cloths but folded up in a place by itself. Then the other disciple, who had reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the Scripture, that he must rise from the dead.

Reflection

The Gospel of John tells us about the empty tomb. The disciples didn't fully understand what had happened until Jesus appeared to them, but the 'disciple Jesus loved' believed right away. This challenges us to trust and believe even when we don't have all the answers.

How do you feel now that Lent is over and we can celebrate Easter? Easter is the most important time for Christians—we celebrate Jesus' resurrection and the promise that we can share in new life with Him.

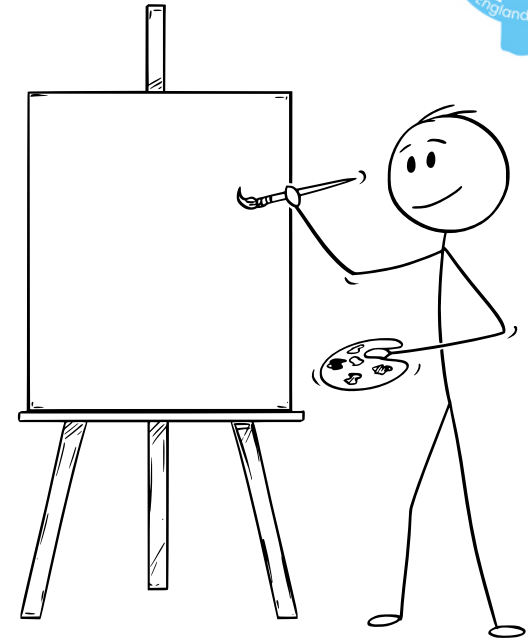
As young Vincentians, Easter is a great reminder of our mission to share God's love with others, especially those in need.

Eastertide lasts 50 days, so let's use this time to spread joy, kindness, and hope wherever we can.



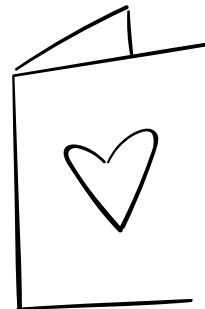
Materials needed

- Paper
- Markers, pencils, or crayons
- Optional: Stickers, glitter, etc.



Activity

Reflecting on Easter as a new beginning, and on Jesus' resurrection representing hope and renewal. Ask students or parishioners to create a piece of art that represents new life or resurrection (e.g. an empty tomb, sunrise, or Jesus emerging from the tomb). Encourage the use of colours and symbols that express life, joy, and transformation. Once finished, display and walk around to admire everyone's art. Invite participants to share how their work reflects the resurrection and new life.



Call to Action

Make and deliver Easter Cards for the household of the parish and those who are lonely.