

7th Sunday of Easter

John 17:20-26

‘May they become perfectly one.’

At that time: Jesus lifted up his eyes to heaven, and praying said, ‘Holy Father, I do not ask for these only, but also for those who will believe in me through their word, that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. The glory that you have given me I have given to them, that they may be one even as we are one, I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me. Father, I desire that they also, whom you have given me, may be with me where I am, to see my glory that you have given me because you loved me before the foundation of the world. O righteous Father, even though the world does not know you, I know you, and these know that you have sent me. I made known to them your name, and I will continue to make it known, that the love with which you have loved me may be in them, and I in them.’

Reflection

In today’s Gospel, Jesus prays that we all feel like we belong to each other, just like He belongs to God. He wants us to love each other and be close, like a big family. When we care for others, we show that everyone has a special place with God.

As Vincentians, we help people feel like they belong, no matter who they are. We show love, kindness, and care, so everyone knows they are important and loved.

Let’s think about how we can make someone feel they belong today—whether it’s a friend, family member, or someone in need. Everyone deserves to feel loved and included!

Materials needed

A ball of yarn/wool/string

Activity

- Divide the group into small teams of 4-5 people.
- Give one person from each group a ball of yarn or string.
- The first person will hold onto the end of the string and then toss the ball to someone across from them, saying something that they have in common.
- That person will hold onto their part of the string and throw the yarn to another person, continuing the cycle. Each person who gets the yarn will hold on to it while tossing it to someone else, all while saying something that they have in common with each other (this may involve a bit of conversation to find out more)
- After everyone in the group has held the yarn at least once, you’ll have a “web” of connected strings that shows how everyone is linked together.
- Once everyone has had a turn, step back and look at the web. The yarn symbolizes how we are all connected in a way that makes everyone feel like they belong.
- How can we be like this web in our community, making sure no one feels left out or forgotten?

Call to Action

This week, see how far you can spread your web of kindness- how many people you can have an impact on? Remember, small acts of significance can have a huge impact.

