

# Trinity Sunday

## John 16:12-15

*'All that the Father has is mine; the Spirit will take what is mine and declare it to you.'*

At that time: Jesus said to his disciples, 'I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come. He will glorify me, for he will take what is mine and declare it to you. All that the Father has is mine; therefore I said that he will take what is mine and declare it to you.'

### Reflection

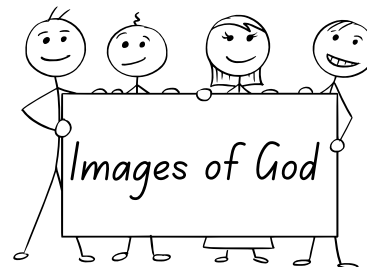
In today's Gospel, Jesus promises that the Holy Spirit will guide us into all truth—a beautiful glimpse into the life of the Trinity. The Spirit speaks what He hears from the Son, and the Son reveals the love of the Father. We are drawn into this divine relationship—not just to observe it, but to live it.

As young Vincentians, we're called to reflect this love in action. The Spirit prompts us to serve with compassion, to speak with gentleness, and to love as Jesus loves.

Today, may we open our hearts to the Holy Spirit, who draws us deeper into the love of the Father and the Son. Come, Holy Spirit. Help us to love with the heart of the Trinity.

### Materials needed

- A5 pieces of paper
- Pens and pencils
- Poster paper with wanted written along the top



### Activity Part 1 – Discussion

Ask the group "When you hear the name Jesus, what images come to mind?" Encourage participants to shout out ideas — write them down.

Examples: Cross, crown of thorns, healing hands, bread, loaves and fishes, a shepherd, a heart, etc.

Repeat for:

- Holy Spirit: Fire, wind, dove, breath, whisper, movement
- God the Father: Creation, the stars, big hands holding the world, a light in the darkness, a tree, a safe place

Help gently steer away from traditional "man on a cloud" imagery and encourage imagination based on God as Creator and Sustainer.

Next question for reflection:

- Where do we find God?
- Suggestions might include: Church, school, in nature, in silence, in people, in moments of kindness, in music, in difficult times.
- Why do people believe in God? What does faith give us?
- Examples: Peace, hope, guidance, love, forgiveness, heaven, purpose, community

Capture these on a board to be used later in the creative part.



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## Activity Part 2 – Design a Wanted Poster for God

### Instructions:

Participants will design a creative Wanted Poster for the Trinity.

This should include:

- An image: Their own artistic interpretation of the Trinity.
- (They can combine earlier imagery into one drawing – or use metaphors like a tree with 3 roots, a triangle, or a football team:
  - Jesus as goalkeeper – he saves
  - Holy Spirit as midfielder – everywhere, energising
  - God the Father as referee – sees all, holds authority, brings order)
- Name: WANTED: The Trinity – God in Three Persons
- Last Seen: Based on earlier discussion – “in the kindness of a friend,” “at Mass,” “in a moment of peace,” etc.
- Reward: “Peace,” “belonging,” “love,” “strength,” “eternal life,” or whatever they personally take from their faith.

### Call to Action

This week, look for signs of the Father, the Son, and the Holy Spirit in your everyday life.

- Where do you notice love that gives?
- Hope that saves?
- Energy that moves through the mess?

Let the Spirit guide you to speak kindness, choose compassion, and act with courage.

Be the “last seen” part of your Wanted Poster—someone who carries God’s love into the world.

