



26th Sunday in Ordinary Time

Responsorial Psalm

Ps 146(145): 7. 8-9a. 9b-10. R5a

My soul, give praise to the LORD.

It is the LORD who does justice to those who are oppressed.
It is he who gives bread to the hungry,
the LORD who sets prisoners free.

It is the LORD who opens the eyes of the blind,
the LORD who raises up those who are bowed down.
It is the LORD who loves the just,
the LORD who protects the stranger.

The LORD upholds the orphan and the widow,
but thwarts the path of the wicked.
The LORD will reign for ever,
your God, O Sion, from age to age.

Some things to think about...

Even though the UK is one of the richest countries in the world, there are still many people who are living in poverty or who go through difficult times. This is why the SVP's work is so important. Have a look at the SVP website to find out more about how they help.

As Mini Vinnies, who do you help in your community? What problems do you help with?
What other problems do people experience?

Activity

Get into groups of 3 or 4. Your group will be assigned someone (or a group of people) having a difficult time. Make them a card - draw a picture of whatever you feel would brighten their day a little. Write a message in the card letting them know you care and that you hope things improve for them. Give the completed card to your teacher and they will forward them on.

Materials needed for the activity:

Card
Scissors
Pencils
Pens
Envelopes

Teacher's Notes

The Psalm from this weekend's readings is a challenge to support those who are most vulnerable in our community. It calls us to be an advocate for the poor, the downtrodden and the blind. Living in England and Wales sometimes it can be hard to relate to the people referred to in the psalm. Explain to the children that these people live in our community and that we can reach out to them. Help the children to think about the people behind the labels of 'poor, blind etc'. - Someone could be starving for company as they may be living alone and have no friends or family that come visit.

Before the session, do some research around the services that are in your local area. There may be a homeless shelter, a care home, or a refugee charity. Any of these services would gratefully receive the cards made by the children.

If you have trouble identifying an appropriate service in your area, you could get in touch with your Parish SVP Conference (group).