



TO THE HEIGHTS



Welcome & Prayer (5 mins)

Light a candle or place a simple nativity picture in the middle and a picture of Saint Pier Giorgio Frassati. Share the mission for this session:

This Christmas, we're celebrating love in action and reaching higher! Inspired by Saint Pier Giorgio Frassati and the SVP, we want you to design a card that shows Christmas joy, helping others, or God's love.

Short opening prayer:

During this season of Advent and Christmas, help us to look up to You with joy. Fill our hearts with love in action, like St Vincent de Paul. Bless our ideas and creativity as we plan and draw our Christmas card designs. Amen.

(Optional: Invite a Mini Vinnie to lead the prayer.)

Theme Introduction & Reflection (5 mins)

Share the theme of the Christmas card design competition: "Joy to the Heights this Christmas".

Explain that this means:

- *We celebrate the joy of Christmas*
- *We look up to God's love from above*
- *We live out love in action by helping others*

Briefly introduce Saint Pier Giorgio Frassati's motto "To the Heights" – *he wanted his life to keep reaching higher in faith and service. That's what we want to do as Mini Vinnies too.*

Ask the children:

- *What brings you joy at Christmas?*
- *How can we show love in action to others?*
- *How can we look up to God this Christmas?*

Inspiration & Ideas (5 mins)

Show a few Christmas card examples for inspiration.

Encourage them to think of:

- Scenes of joy and celebration (nativity, carols, light).
- A design showing us looking up to God's love (stars, angels, cross, heavenward images).
- Images that show the joy of family, friends or community.

Remind them that their picture will help others feel joy and God's love this Christmas!

Call to Action – Create Your Card Design (15 mins)

Give each child the worksheet or plain paper.

Encourage quiet, creative time with festive music in the background.

Prompt gently if needed: *What's your message of joy to the world this Christmas?*

When they are ready to draw their final card, make sure that the card/paper is measured according to the guidelines.

Closing (2–3 mins)

Gather everyone and say together the closing prayer:

Lord, may our Christmas cards spread joy, hope, and Your love to the heights! Amen.