



Resources needed:

- SVP1833 Prayer book
- "Our Crew" Sheets

Aims:

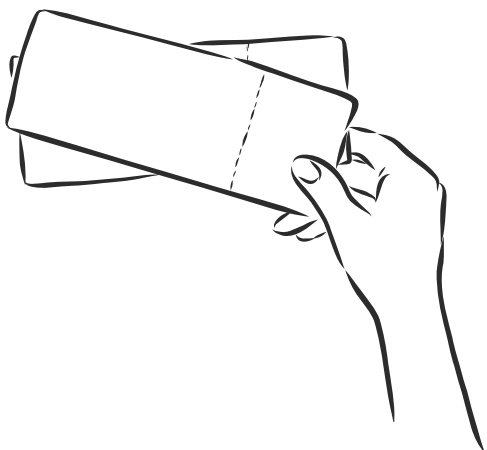
- This session is an introduction to the Vincentian Family.
- Members of the group will begin to explore and understand their own motivations and hopes
- Members through exploring the lives of the founders and patrons will see how they fit into the rich tapestry that is the Vincentian family.

Opening Prayer:

Invite one of the young adults to read a prayer from the prayer book. ([Shop](#))

Reflection:

A story from an SVP Conference. Read it and then take a few moments as a group to explore what you as a group could learn in the work and help you will give.



Many years ago a suddenly widowed mother of two was struggling to make ends meet and worked hard to provide for her children. The local SVP were very keen to offer support, but the lady did not consider herself to be in need, her pride was an obstacle to her taking charity from the SVP or the local parish.

A long story made short, the parish through the local butchers decided to hold a raffle for a year's supply of meat. This lady bought a solitary ticket and you'll never guess who went on to win.

Everybody in the parish recognised an uncanny ability for the winner to always being the right person at the time.

Unpacking the lives of the founders:

- Split the group into four or two.
- Give each group one or two of the founders and patrons sheets.
- Give each group some time to read the story and begin to think about how there example may inspire the work they will go onto do as Young Vincentians.
- Challenge each group to write a social media post or reel about their person, including how the story may inspire us to take action in today's society.
- They can then either ask the CathSoc/parish to post on their social media an tag [@svpyoungvincentians](#) or they can send it across to the SVP team and we will share on our social media channels.

Before you finish:

Invite all the young adults to pray together from the SVP1833 prayerbook.

