



# CONVERSATION CALENDAR

## Heart to Heart Lenten Appeal

A Question a Day to Listen,  
Share, and Connect



The Conversation Calendar offers one simple question each day of Lent — an invitation to pause and talk with someone, heart to heart. It might be a friend, a family member, a friend, or someone you don't usually get the chance to speak with. There's no right answer and no pressure to say something clever. What matters is the space created when we choose to listen and be heard.



These small daily conversations can open doors. They help us notice one another more deeply, build understanding, and strengthen the quiet threads that hold communities together.

You can use the Conversation Calendar anywhere: at home around the table, in classrooms, in parish groups, or in moments of one-to-one connection.

All it asks is a little time, a little openness, and a willingness to meet someone where they are: one question, one conversation, one heart-to-heart moment at a time.

CONVERSATION  
CALENDAR

1  
WHAT'S YOUR FAVOURITE THING TO DO ON THE WEEKEND?

3  
IS THERE A PERSON WHO REALLY MAKES YOU FEEL HEARD?

7  
IF YOU COULD LIVE IN ANY FICTIONAL WORLD, WHICH WOULD IT BE?

2  
DO YOU PREFER MORNINGS OR LATE NIGHTS? WHY?

4  
WHAT'S A HOBBY YOU REALLY WANT TO TRY?

6  
DO YOU PREFER SMALL GROUPS OR BIG CROWDS?

5  
IF YOU COULD HAVE A SUPERPOWER, WHAT WOULD IT BE?

11  
WHAT'S YOUR GO-TO SNACK?

8  
HAVE YOU EVER MADE SOMETHING YOU WERE PROUD OF?

10  
WHO IN YOUR LIFE ALWAYS MAKES YOU LAUGH?

12  
WHAT DO YOU PREFER AND WHY? EARLY MORNINGS OR LATE NIGHTS?

15  
DO YOU PREFER TEA, COFFEE, OR NEITHER?

9  
WHAT'S YOUR GO-TO COMFORT FOOD?

13  
WHAT'S SOMETHING YOU'RE GRATEFUL FOR TODAY?

19  
WHAT QUALITIES DO YOU VALUE MOST IN A FRIEND?

16  
WHO INSPIRES YOU THE MOST, AND WHY?

14  
WHAT'S YOUR FAVOURITE BOARD OR CARD GAME?

18  
WHERE DO YOU FEEL MOST ABLE TO BE YOURSELF?

17  
WHAT WOULD BE YOUR DREAM HOLIDAY?

20  
WHAT'S SOMETHING THAT GIVES YOU HOPE?

CONVERSATION  
CALENDAR

WHAT'S ONE 21  
THING YOU'RE TRYING  
TO GET BETTER AT?

IF YOU COULD  
INSTANTLY  
MASTER ANY SKILL,  
WHAT WOULD IT BE?

WHAT'S SOMETHING 27  
SMALL THAT MAKES  
A BIG DIFFERENCE  
TO YOUR DAY?

WHAT HELPS 22  
YOU FEEL PEACEFUL  
OR CALM?

IF YOU COULD 25  
BE ANY CHARACTER  
FROM A FILM OR BOOK,  
WHO WOULD YOU PICK?

IF YOU COULD 24  
ONLY WEAR ONE  
COLOUR FOR THE REST  
OF YOUR LIFE, WHAT  
WOULD IT BE?

WHAT HELPS 28  
YOU KEEP  
GOING WHEN  
THINGS FEEL  
HARD?

IF YOU COULD 26  
TELEPORT  
ANYWHERE RIGHT  
NOW, WHERE  
WOULD YOU GO?

WHAT'S SOMETHING 31  
YOU WANT TO LEARN  
MORE ABOUT?

WHAT'S THE LAST 35  
KIND THING  
SOMEONE DID FOR  
YOU?

IF YOU COULD SIT DOWN  
AND HAVE A CUPPA WITH  
ANYONE PRESENT OR  
FROM HISTORY WHO  
WOULD YOU PICK?

WHAT IS YOUR 30  
EARLIEST MEMORY?

DO YOU HAVE  
A PET? OR  
DREAM PET?

WHAT'S YOUR 36  
FAVOURITE SEASON OF  
THE YEAR, AND WHY?

WHAT DO YOU 34  
THINK MAKES A  
COMMUNITY FEEL SAFE  
AND WELCOMING?

IF YOU COULD 33  
SWAP LIVES WITH A  
CELEBRITY FOR A DAY,  
WHO WOULD IT BE?

WHAT'S  
SOMETHING YOU'RE  
REALLY CURIOUS  
ABOUT RIGHT NOW?

WHAT'S ONE 37  
GOAL YOU HOPE  
TO ACHIEVE THIS  
YEAR?

WHAT'S ONE 38  
THING YOU'D CHANGE  
ABOUT THE WORLD IF  
YOU COULD?

IF YOU COULD INVITE ONE  
PERSON FROM YOUR COMMUNITY -  
SOMEONE WHO MIGHT FEEL LONELY  
OR OVERLOOKED - TO A MODERN  
'LAST SUPPER' GATHERING, WHO  
WOULD YOU INVITE AND WHY?