

CONVERSATION CALENDAR

Heart to Heart Lenten Appeal

A Question a Day to Listen,
Share, and Connect



The Conversation Calendar offers one simple question each day of Lent. It's an invitation to pause and talk with someone, heart to heart. It might be a friend, a family member, or someone you don't usually get the chance to speak with. There's no right answer and no pressure to say something clever. What matters is the space created when we choose to listen and be heard.



These small daily conversations can open doors. They help us notice one another more deeply, build understanding, and strengthen the quiet threads that hold communities together.

You can use the Conversation Calendar anywhere: at home around the table, in classrooms, in parish groups, or in moments of one-to-one connection.

All it asks is a little time, a little openness, and a willingness to meet someone where they are: one question, one conversation, one heart-to-heart moment at a time.

CONVERSATION
CALENDAR

1
WHAT'S YOUR FAVOURITE THING TO DO ON THE WEEKEND?

3
IS THERE A PERSON WHO REALLY MAKES YOU FEEL HEARD?

7
IF YOU COULD LIVE IN ANY FICTIONAL WORLD, WHICH WOULD IT BE?

2
DO YOU PREFER MORNINGS OR LATE NIGHTS? WHY?

4
WHAT'S A HOBBY YOU REALLY WANT TO TRY?

8
HAVE YOU EVER MADE SOMETHING YOU WERE PROUD OF?

6
DO YOU PREFER SMALL GROUPS OR BIG CROWDS?

11
WHAT'S YOUR GO-TO SNACK?

15
DO YOU PREFER TEA, COFFEE, OR NEITHER?

9
WHAT'S YOUR GO-TO COMFORT FOOD?

12
IF YOU HAD ONE LAST MEAL ON EARTH WHAT WOULD IT BE AND WHY?

16
WHO INSPIRES YOU THE MOST, AND WHY?

14
WHAT'S YOUR FAVOURITE BOARD OR CARD GAME?

13
WHAT'S SOMETHING YOU'RE GRATEFUL FOR TODAY?

19
WHAT QUALITIES DO YOU VALUE MOST IN A FRIEND?

17
WHAT WOULD BE YOUR DREAM HOLIDAY?

18
WHERE DO YOU FEEL MOST ABLE TO BE YOURSELF?

20
WHAT'S SOMETHING THAT GIVES YOU HOPE?

10
WHO IN YOUR LIFE ALWAYS MAKES YOU LAUGH?

CONVERSATION
CALENDAR

WHAT'S ONE 21
THING YOU'RE TRYING
TO GET BETTER AT?

IF YOU COULD
INSTANTLY
MASTER ANY SKILL,
WHAT WOULD IT BE?

WHAT'S SOMETHING 27
SMALL THAT MAKES
A BIG DIFFERENCE
TO YOUR DAY?

WHAT HELPS 22
YOU FEEL PEACEFUL
OR CALM?

IF YOU COULD 25
BE ANY CHARACTER
FROM A FILM OR BOOK,
WHO WOULD YOU PICK?

IF YOU COULD 24
ONLY WEAR ONE
COLOUR FOR THE REST
OF YOUR LIFE, WHAT
WOULD IT BE?

WHAT HELPS 28
YOU KEEP
GOING WHEN
THINGS FEEL
HARD?

IF YOU COULD 26
TELEPORT
ANYWHERE RIGHT
NOW, WHERE
WOULD YOU GO?

WHAT'S SOMETHING 31
YOU WANT TO LEARN
MORE ABOUT?

WHAT'S THE LAST 35
KIND THING
SOMEONE DID FOR
YOU?

IF YOU COULD SIT DOWN
AND HAVE A CUPPA WITH
ANYONE PRESENT OR
FROM HISTORY WHO
WOULD YOU PICK?

WHAT IS YOUR 30
EARLIEST MEMORY?

DO YOU HAVE
A PET? OR
DREAM PET?

WHAT'S YOUR 36
FAVOURITE SEASON OF
THE YEAR, AND WHY?

WHAT DO YOU 34
THINK MAKES A
COMMUNITY FEEL SAFE
AND WELCOMING?

IF YOU COULD 33
SWAP LIVES WITH A
CELEBRITY FOR A DAY,
WHO WOULD IT BE?

WHAT'S
SOMETHING YOU'RE
REALLY CURIOUS
ABOUT RIGHT NOW?

WHAT'S ONE 37
GOAL YOU HOPE
TO ACHIEVE THIS
YEAR?

WHAT'S ONE 38
THING YOU'D CHANGE
ABOUT THE WORLD IF
YOU COULD?

IF YOU COULD INVITE ONE
PERSON FROM YOUR COMMUNITY -
SOMEONE WHO MIGHT FEEL LONELY
OR OVERLOOKED - TO A MODERN
'LAST SUPPER' GATHERING, WHO
WOULD YOU INVITE AND WHY?