

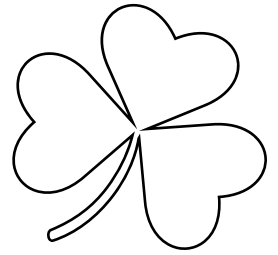


IDEAS AND DATES FOR THE DIARY MARCH



St David's Day & St Patrick's Day

During Lent we celebrate these two big saints. Could your group do something to help the community celebrate or raise money. Get creative, what could your group do?



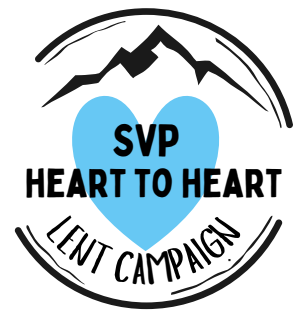
SVP Lenten Campaign- [resources linked here](#)

This year's SVP Heart to Heart Lent campaign focuses on loneliness, something that affects people of all ages across our wider community. Even in busy universities, families, neighbourhoods, and parishes, many people can feel unseen or on their own. This campaign invites a simple but meaningful response: reach out and have a conversation.

We are inspired by St Pier Giorgio Frassati, an SVP member who believed deeply in friendship and in lifting others up - verso l'alto, "to the heights". When we lift someone else, we often find ourselves lifted too.

Loneliness is one of the biggest hidden poverties today. These resources remind us that when we take time to listen, things can change. People feel noticed, hearts open, and God is often found in the space between people.

So this Lent, take up the challenge in your community: **reach out and have a conversation**. We hope these resources support you as you continue to create meaningful moments in the lives of the young people you accompany.



March 25th- Feast of the Annunciation

This day we remember the moment when the Archangel Gabriel announced to the Virgin Mary that she would become the mother of Jesus, the Son of God and we celebrate Mary's yes. Is there anything that you could say yes to, that is perhaps challenging but will do good?