



**How has your day been?**



**What's one small thing you're grateful for today?**



**Who inspires you, and why?**



**What does kindness look like in everyday life?**



**When do you feel most included?**



**If this table could travel anywhere, where should it go?**



**What has made you smile recently?**



**Where do you see love in action?**



**What gives you courage?**



**What's your favourite way to spend a free afternoon?**



**Who is someone you'd love to spend time with?**



**Do you like sweet or savoury snacks more?**



**What's one song you love sharing with others?**



**What's one thing you're really good at?**



**What was the last think that properly made you laugh?**



**If happiness had a flavour, what would it taste like?**



**What's one thing that cheers you up when you're feeling down?**



**If you could visit anywhere in the world, where would it be?**