



How has your day been?



What's one small thing you're grateful for today?



Who inspires you, and why?



What does kindness look like in everyday life?



When do you feel most included?



If this table could travel anywhere, where should it go?



What has made you smile recently?



Where do you see love in action?



What gives you courage?



What's your favourite way to spend a free afternoon?



What's one song you love sharing with others?



If happiness had a flavour, what would it taste like?



Who is someone you'd love to spend time with?



What's one thing you're really good at?



What's one thing that cheers you up when you're feeling down?



Do you like sweet or savoury snacks more?



What was the last thing that properly made you laugh?



If you could visit anywhere in the world, where would it be?