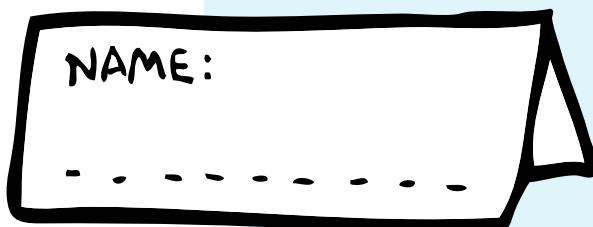




# TALKING TABLE

**Welcome! The Talking Table is inspired by the table at the Last Supper, where Jesus always made room for others. With many people today feeling lonely at times, this table offers a small space to connect, listen, and notice one another.**



On the table you'll find a stack of small cards.

Write the name of someone you would like to hold in your prayers this Lent. It might be someone at school, at home, or in your community.

Place the card on the table as a quiet way of saying: you matter.



You'll also see a small pile of questions.

Choose one that speaks to you and share it with the people around the table.

Take time to listen, to notice, and to respond honestly.

There are no right or wrong answers. This is not a test. It's simply a space to connect – heart to heart.