

3rd Sunday of Easter (Year A)



Luke 24:13–27 (Full Gospel Passage Luke 24:13–35)

On the first day of the week, two of the disciples of Jesus were going to a village named Emmaus, about seven miles from Jerusalem, and they were talking with each other about all these things that had happened. While they were talking and discussing together, Jesus himself drew near and went with them. But their eyes were kept from recognising him. And he said to them, 'What is this conversation that you are holding with each other as you walk?' And they stood still, looking sad. Then one of them, named Cleopas, answered him, 'Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?' And he said to them, 'What things?' And they said to him, 'Concerning Jesus of Nazareth, a man who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning, and when they did not find his body, they came back saying that they had even seen a vision of angels, who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said, but him they did not see.' And he said to them, 'O foolish ones, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?' And beginning with Moses and all the Prophets, he interpreted to them in all the Scriptures the things concerning himself.

Reflection

The story of the road to Emmaus is one we know well. Some of Jesus' disciples are still coming to terms with the news that He has risen from the dead. As they walk along the road, Jesus joins them and explains everything that had happened, just as the scriptures had said. And yet, they still don't recognise Him. It isn't until they reach Emmaus, when Jesus breaks bread, that they finally realise who He is. This challenges us to recognise Jesus in our daily lives—in the people we meet and in the Eucharist. How often do we fail to notice Him? How can we try to see Him each day?

Materials needed

- Prompt questions or topics of conversation

Activity

An Emmaus Walk – Pair each person with someone else. Each pair can either go for a short walk or find a place to sit and chat. The aim is simply to get to know each other better through real conversation—this could include life, experiences, what matters to them, and faith. Some prompt questions (overleaf), could be shared with each pair. Or you could come up with your own.

Call to Action

As disciples of Jesus, we are to try and live out our daily lives as He did. How can you witness to Jesus' love with those you encounter? How can you be Christ-like to everyone you meet?



What's something that's been on your mind lately?
What helps you get through a tough day?
Who is someone you really look up to, and why?
What gives you a sense of purpose or meaning?
When do you feel most yourself?
Where do you find peace or quiet?
What role does faith play in your life?
What's something you're looking forward to?

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