

Easter Sunday (Year A)

Matthew 28:1-10

'He has risen and he is going before you to Galilee.'

After the Sabbath, towards the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. His appearance was like lightning, and his clothing white as snow. And for fear of him the guards trembled and became like dead men. But the angel said to the women, 'Do not be afraid, for I know that you seek Jesus who was crucified. He is not here, for he has risen, as he said. Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. See, I have told you.' So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. And behold, Jesus met them and said, 'Greetings!' And they came up and took hold of his feet and worshipped him. Then Jesus said to them, 'Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me.'

Reflection

Happy Easter! The Lord has risen from the dead. 40 days of Lent have passed, we rejoice that Jesus has risen.; we celebrate Easter now for 50 days. The Gospel tells us of one of the first encounters of the risen Lord, Mary Magdalene and another Mary encounter Him in the garden near the tomb. For them, it was a moment of great fear, can you imagine how they would have felt? Jesus says to them to not be afraid. Their fear changed from a fear of being scared to a fear with joy, so much so, that they ran to go and tell Jesus' disciples. Jesus gave encouragement to those who encountered Him after His resurrection, to know and trust that it was really Him risen from the dead.

Materials needed

- Coloured card
- Colouring pencils or pens
- Glue stick
- Scissors
- Stickers

Activity

Using coloured card, pens, pencils and other craft materials, make an Easter card which celebrates Jesus risen from the dead. Think carefully about who you would like to give your card to. Take time to give your Easter card to this person to tell them the great news that Jesus has risen.

Call to Action

In these 50 days of Easter, how are you going to celebrate each day? Could you celebrate by helping others in a small way each day? How can your actions witness to others of the joy of Easter?



† He is †
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