



Holy Saturday

Matthew 28:1-10

After the Sabbath, towards the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. His appearance was like lightning, and his clothing white as snow. And for fear of him the guards trembled and became like dead men. But the angel said to the women, "Do not be afraid, for I know that you seek Jesus who was crucified. He is not here, for he has risen, as he said. Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. See, I have told you." So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. And behold, Jesus met them and said, "Greetings!" And they came up and took hold of his feet and worshipped him. Then Jesus said to them, "Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me."

Some things to think about...

Holy Saturday is the day between Jesus' death and resurrection. What do you think the disciples were thinking and feeling on this day? Why do you think the women went to the tomb at dawn?

Activity

You will need:

- Copy of the angel template
- Extra paper to make the fans for the wings
- Colouring pens/pencils

Activity

On Holy Saturday we remember the quiet day when Jesus was in the tomb. His friends were sad and waiting, but God's plan was still at work. Soon an angel would bring the joyful news that Jesus is alive. Decorate your angel and think of how you might bring joy to someone today through an act of kindness. Write this on your angel, create some beautiful wings and put it up somewhere at home to remind you of your call to action.

Teacher's Notes

Holy Saturday is the day between Good Friday, when Jesus died, and Easter Sunday, when He rose from the dead. It's a quiet day of waiting and reflection. The Easter Vigil is the special Mass that happens on Holy Saturday night to celebrate Jesus' resurrection. It starts in darkness, symbolizing the time when Jesus was in the tomb, and then the church is lit with candles, representing the light of Christ. The Vigil includes Bible readings, prayers, and the singing of "Alleluia" to celebrate that Jesus is alive. It's a joyful and hopeful celebration of new life in Jesus.

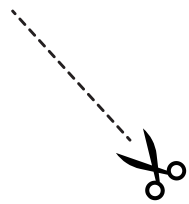
Notes:



Decorate your angel, cut it out and create your wings to attach to the picture.

Write on the your angel an act of kindness you can do to share the love of Jesus with others.

This Holy Saturday I will be an angel of kindness by...



Angels of Kindness