



Thank you for your interest in the SVP Sleep ...Over, Out, Without.

We hope that this event helps your young adults to raise money, consider those who experience homelessness, while also having some fun. We also hope that what they do will inspire their families and friends, and that the SVP Sleep will spark conversations about the circumstances which contribute to people becoming homeless or living without the basics of life. No one ever thinks that homelessness will happen to them, and yet over 300,000 people in the UK have nowhere to call home. By understanding some of the causes of homelessness, perhaps we can learn how to be less judgemental and see the dignity in every human being. At the St Vincent de Paul Society (SVP), we believe that everyone has the right to a safe and stable home and the means to thrive, and not merely survive.



St Vincent
de Paul Society
England and Wales
Turning Concern into Action

SVP 
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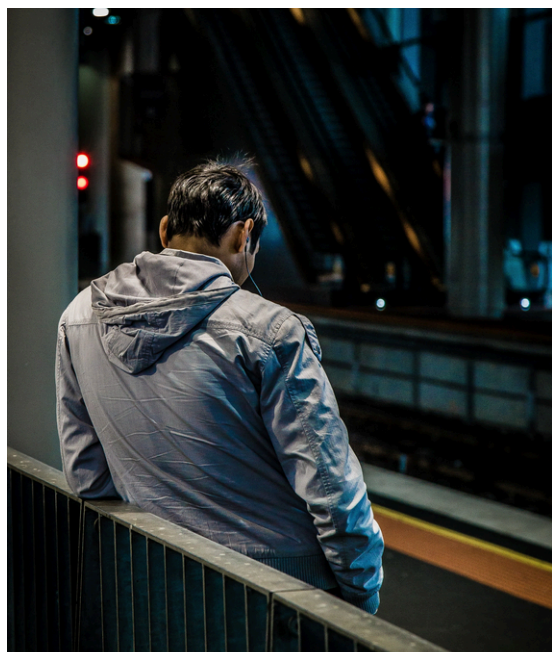
MONEY RAISED

The money raised through the SVP Sleep will change lives, so thank you.

If you require more information about the SVP, or how to set up an SVP group in your setting, please contact youngvincentians@svp.org.uk

To fundraise and work alongside the SVP you do not have to have an SVP group.

Duncan has been on the streets for 10 months and he is eager to secure housing, however he has found life tough and has supported his mother who is dying of cancer. St Vincent's Southend-on-Sea has provided continuous support by giving him essential items and emotional support. The St Vincent's team were able to get him into his own flat, for which he was very grateful, and they continue to support him in his tenancy - **St Vincent's Southend-on-Sea**



Daniel, a young homeless man, came to St Vincent's Newcastle asking for food and a sleeping bag as he was sleeping under the Swing Bridge on the Quayside in the city. He had been in shared accommodation where he was being bullied into begging and giving the proceeds to the men with whom he was sharing. The team at St Vincent's gave him a hot meal, a sleeping bag, a fleece, and some food to take away with a flask of hot water. They then contacted the Rough Sleeping Co-ordinator at the council to make her aware of Daniel's situation. She has now contacted the St Vincent's team to say that they have found Daniel alternative accommodation. Daniel is now safe and he feels he can now start to rebuild his life - St Vincent's Newcastle.



WHAT IS THE SVP SLEEP?

Sleepout

Sleepover

Sleep Without

Showing solidarity with those experiencing homelessness.

The SVP would like to engage with young adults to raise awareness of the issues surrounding homelessness in England and Wales. For all those who lack a secure place to call home, who may be sleeping rough, fleeing from danger, stuck in hostels, bed and breakfasts, or sofa surfing, we want the SVP Sleep to demonstrate our solidarity with them.

This experience will not only give young adults a better understanding of what thousands experience every day, it will also give them the opportunity to turn their concern into action by raising vital funds which enables the SVP to continue to support the most vulnerable and socially excluded in our communities. The SVP Sleep can be scaled up or down so that everyone has the chance to safely take part and make a real difference to someone in need.

Sleepout

The **SVP Sleepout** allows young adults to experience what it's like to sleep outside for a night with only a sleeping bag, tent or cardboard box for comfort. This can be carried out as part of a large group in university or parish grounds, outdoors as a family, or alternatively with a couple of friends in a back garden.

Sleepover

The **SVP Sleepover** gives young adults the opportunity to safely support the campaign by sleeping over in a university hall or parish community hall, without the luxury of a bed and creature comforts.

Sleep Without

The **SVP Sleep Without** gives young adults the chance to take part in the campaign on a smaller scale by being sponsored to sleep for a night without a pillow, a blanket, or even a bed.

