

# 5th Sunday of Easter (Year A)

John 14:1-12

**'I am the way, and the truth, and the life.'**

At that time: Jesus said to his disciples, 'Let not your hearts be troubled. Believe in God; believe also in me. In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. And you know the way to where I am going.' Thomas said to him, 'Lord, we do not know where you are going. How can we know the way?' Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me. If you had known me, you would have known my Father also. From now on you do know him and have seen him.'

Philip said to him, 'Lord, show us the Father, and it is enough for us.' Jesus said to him, 'Have I been with you so long, and you still do not know me, Philip? Whoever has seen me has seen the Father. How can you say, "Show us the Father"? Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works. Believe me that I am in the Father and the Father is in me, or else believe on account of the works themselves.'

'Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father.'

## Reflection

"I am the way, and the truth, and the life," says Jesus- words that speak right into the questions and uncertainty we can carry each day. It's easy to look for purpose or happiness in status, success, or what others think of us, but Jesus reminds us that real life is found in following him. For those inspired by the Vincentian way this means not just believing, but living it out through love in action, especially with those most in need. Jesus shows us who God is, and invites us to do the same through our lives. This Easter season, we're called to trust him, walk his way with courage, and bring his hope to others—proving that faith isn't just something we say, but something we do.

## Materials needed

- Paper
- Pens
- Coloured pens or pencils
- Ruler

## Activity

Take a few quiet minutes to think about your life so far, from your earliest memories up to now. Where have you experienced moments of joy, challenge, growth, or even struggle? In the Vincentian spirit, think especially about times when you have received love, kindness, or support from others, or when you have been able to offer that to someone else - these can often be moments where Jesus is close.

On a piece of paper, draw either a path, a road, or a timeline of your life. Mark key moments along the way (big or small) where you think Jesus may have been guiding you, even if you didn't realise it at the time. You could include people who have influenced you, times you felt strengthened, or moments that changed your direction. Add words, symbols, or drawings to bring it to life.

As you finish, take a moment to look over your journey and ask: Where is Jesus inviting me next? How can I follow his way more closely, especially through love in action?

## Call to Action

Look forward each day, to see where Jesus is showing you the way. We too are called to be like Christ and witnessing to His love. How can you show others the way to Jesus, who us the way, the truth and the life?

