



# TO THE HEIGHTS

LIVING MISSION, JUBILEE AND BEYOND

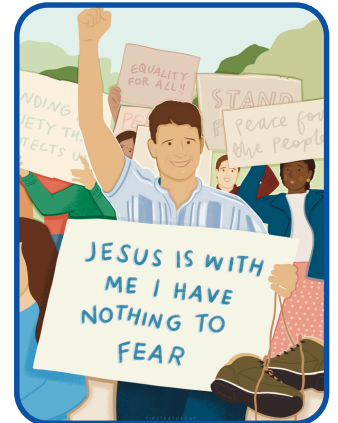


We are inspired by Saint Pier Giorgio Frassati, a former SVP member. Though he died at just 24, Pier Giorgio lived his faith with joy, balancing prayer, friendship, study, and service to the poor.

He loved the mountains, seeing each climb as a symbol of faith. His motto "Verso l'Alto", which means "To the heights", reminds us to keep striving higher in life and in our journey with Christ.

Like him, SVP members are ordinary people making an extraordinary difference. With 8,000 members across England and Wales, we tackle poverty in all its forms, offering practical support to those in need.

Join us in our "To the Heights" fundraiser. Together we can climb higher and lift others with us.



**Pick a mountain for your "To the Heights" challenge and try to reach the summit! There are three ways you could get involved:**

- Cover the **distance** by walking, swimming or some other means and asking for sponsorship.
- Give up your **time** (the time it takes to climb) to learn a new skill, or through serving others in your community and asking for sponsorship.
- **Fundraise** in other ways and use the height of the mountain as your fundraising target. For ideas of how to fundraise, [click here](#), or visit the SVP website.

For example, if you choose Ben Nevis in Scotland, you could walk 1345m, spend 8 hours doing acts of service, or aim to raise £1345 through fundraising efforts.

## MOUNTAIN EXAMPLES!

### Ben Nevis (Scotland)

- 1,345m and Time to climb: 6–8 hours

### Snowdon (Wales)

- 1,085m and Time to climb: 5–7 hours

### Scafell Pike (England)

- 978m and Time to climb: 4–6 hours

### Slieve Donard (Northern Ireland)

- 850m and Time to climb: 4–5 hours

### Mount Everest (Nepal/Tibet)

- 8,849m and Time to climb: ~1,440 hours (about 2 months)

### K2 (Pakistan/China)

- 8,611m and Time to climb: 1,440 hours (about 2 months)

### Mont Blanc (France/Italy)

- 4,809m and Time to climb: 48–72 hours

### Matterhorn (Switzerland/Italy)

- 4,478m and Time to climb: 8–12 hours

### Mount Kilimanjaro (Tanzania)

- 5,895m and Time to climb: 120–216 hours (5–9 days)

### Mount Elbrus (Russia)

- 5,642m and Time to climb: 120–168 hours (5–7 days)





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Now you have a plan for how you are going to climb your mountain, it's time to get fundraising! Whether you are using Just Giving or sponsorship forms, below are the ways to set up online fundraising and make sure your fundraising (digital or physical) gets to the right place. [Click here](#) for the fundraising pack, which includes sponsorship forms (pg14), or visit the SVP website.



## Sending a cheque

Send it to: **St Vincent's, Bradford FAO: Olivia Stott, Allenby House, Rees Way, Bradford, BD3 0DZ**

- The cheque should be made payable to SVP or St Vincent de Paul.
- On the back of the cheque please write **SVP To The Heights (school/parish address)**.
- This allows us to allocate your funds to those who need it quickly and ensures that we have an address to send you a thank you.



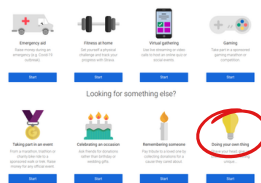
## Setting up a JustGiving page

- To set up a page go to **Justgiving.com**
- At the top click **Start fundraising**
- Click on Raising money for **a charity**
- **Search for St Vincent De Paul Society (SVP England and Wales)** - it will look like this and you may need to scroll to find it.



St Vincent De Paul Society (SVP England and Wales) United Kingdom  
The St Vincent de Paul Society (England & Wales) is a Christian voluntary organisation which provides practical help to anyone affected by poverty and...

- Click on **Doing your own thing**



- Type of Activity is **Appeal for a charity**.
- Activity Detail is **SVP To the Heights**.
- Add the date(s) of your planned event.
- Set a target
- Page title **SVP To the Heights (insert school/parish name and postcode)**
- Why are you raising money? This year, we're taking on the SVP To the Heights challenge to support the life-changing work of SVP England and Wales. Inspired by former SVP member St. Pier Giorgio Frassati, we're raising awareness of how SVP helps people overcome their own personal mountains. Join us in raising vital funds so the SVP can continue supporting those in our community facing poverty in all its forms.



## Sending a bank transfer or donating online

**St Vincent de Paul Society**  
Sort Code: **60-60-04**  
Account No: **46073051**  
Reference: **SVP Heights (school name & postcode)**

[Click here](#) to donate through the website





# TO THE HEIGHTS



LIVING MISSION, JUBILEE AND BEYOND

We all have our own mountains to climb, whether that be a financial struggle, loneliness or another issue. The SVP's mission is to tackle poverty in all its forms, providing practical assistance to those in need. Our members are made up of 8000 ordinary people, just like Saint Pier Giorgio Frassati, who every day make a difference to others in their community. Thank you for fundraising to raise vital funds to help continue the work of the SVP. If you need support for yourself, please email [info@svp.org.uk](mailto:info@svp.org.uk)

## These are some of the ways the SVP may use the money you raise to change the lives of those in need:

**£30**

There are many people who understand how it feels to be secure at home, but for some people the place where they live doesn't feel like home. Your gift of £30 will help a person, a couple or a family turn an unfurnished dwelling into a warm and safe home by providing essential items such as a bed, a table and chairs, a fridge or a cooker.

**£100**

Will pay for around 28 Vinnie packs for rough sleepers.

**£1000**

Would supply nutritious hot food for people who need it delivered due to their medical condition or mental health. 20 people a week for 4 months.

**£500**

Would pay for resources needed to run mental health programmes to help rebuild people's lives over a six month period.

**£2000**

Would help to pay for our yearly outreach van that goes to support people where they are. This would cover insurance and some fuel.

## We would love to see and share all that you are doing with the rest of the SVP and the wider Church community.

Below are ways to share your good news:



Email us at: [youngvincentians@svp.org.uk](mailto:youngvincentians@svp.org.uk)



Find us on Instagram: [@svpyoungvincentians](https://www.instagram.com/svpyoungvincentians)

We love to see your news, but in order to tell everyone about what you have been doing, we will need you to fill in the [consent form](#) below. This should be attached with any pictures that you send.



# Sponsorship form



Use this form if you are asking people to sponsor you for your activity.

- Please ensure the details of each donation are recorded accurately in your sponsor's own handwriting – forms in the same handwriting or printed are not valid for **Gift Aid** purposes.
- Please ensure each donor ticks the **Gift Aid** box next to their home address below if eligible.
- Please note we cannot claim **Gift Aid** donations from companies rather than individuals, multiple donors (e.g. Mr & Mrs Smith), donations made on behalf of someone else, or any payment where something is given in return for the money (e.g. sweepstakes, proceeds from sales or collections).
- There are alternative ways to return the money you've fundraised. Get in touch with our friendly team emailing us at **fundraising@svp.org.uk**.

Title	
First Name	
SP ou sr nt ca omd	
Address	
Postcode	
Telephone	

## Gift Aid

**Boost your donation by 25p for every £1 you donate**

I want to Gift Aid my donation and any donations I make in the future or have in the past 4 years, to SVP England & Wales. I am a UK Taxpayer and understand if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations in that year, it is my responsibility to pay any difference.

**Please inform us if you want to cancel this declaration, change your name or home address, or no longer pay sufficient tax on your income.**

*giftaid it*

Please use blue or black pen and write in CAPITAL letters. All fields are mandatory.  
**Full name + Home address + Postcode + Date collected + ✓ = Gift Aid**

Title	First name	Surname	Postcode	Home address <small>no work addresses with Gift Aid</small>	£	Gift Aid	Date collected
MR	JOHN	SMITH	AB12 3CD	7 EXAMPLE ROAD, LONDON	£ 20	✓	DD/MM/YYYY
					£		
					£		
					£		
					£		
					£		
					£		
					£		

Title	First name	Surname	Postcode	Home address <i>no work addresses with Gift Aid</i>	£	Gift Aid	Date collected
					£		
					£		
					£		
					£		
					£		
					£		
					£		
<b>I've raised a total of</b>					£		

## How to send in the money you have raised

If you are collecting physical money, you may need an SVP branded collection tin that is sealable. Here are the easiest ways to send in the money you've raised.

### Cash and cheques

You can pay any donations collected in cash into your bank account and make a cheque to cover this. If you did a sponsored event, enclose your sponsorship form(s) with your payment so that we can claim gift aid and return it to **Allenby House, Rees Way, Bradford BD3 0DZ**.

### Paying through BACs

If you'd like to send us your funds via a bank transfer (BACs), our bank details are below. Your bank will give you a receipt as proof of payment.

**Account Name:** St Vincent de Paul Society (England & Wales)

**Account Number:** 46073051

**Sort Code:** 60-60-04

So that we can track your transfer and thank you for your support, email us at [fundraising@svp.org.uk](mailto:fundraising@svp.org.uk).

#### The main things to remember are:

- School groups can fundraise safely by ensuring all collections are organised and supervised by adults, and by following local rules about permissions and licences.
- If you want to collect on private property – for example a shop, supermarket or train station – you need to get permission from the owner.
- If you want to collect on street or other public properties you will need to get a licence from your local authority or police.