



MANY STORIES ONE LIGHT



This resource has been produced by the St Vincent de Paul Society. The St Vincent de Paul Society (SVP) is a Catholic international volunteer organisation whose members work with anyone in need in their local community – the homeless, the elderly, prisoners, struggling families, people who are sick and lonely. Young adults are an important part of the Vincentian family. We are all called to be like Jesus by helping people, becoming their friend and working with others to make a difference. Find out more and view our resources by visiting svp.org.uk/SVP1833

Leaders Guide

Name the Light Icebreaker

God did not create one kind of person, one type of work, or one way of being. He created a human family where each of us is called to reflect His love and become a light for others. Many Stories, One Light celebrates the diversity of people, experiences, gifts, and vocations that make up our communities, united by a shared commitment to putting faith into action. Through four themes – Belong, Grow, Serve, and Shine – the SVP invites people of all ages to journey together. We are called to belong to communities rooted in friendship and faith, grow in compassion and confidence, serve with purpose through acts of love and justice, and shine as signs of hope in the world around us.

These resources support young adults to explore the Vincentian mission and discover how their unique story can help bring Christ's light into the world. Together, though our stories may be different, we share one light.

.....

This can be used as a quick icebreaker and introduction to the theme of Many Stories, One Light.

For this session you will need:

- Presentation slides

.....

Slides 2-9: The reflection begins with a short interactive game around identifying zoomed in lights. This can be played in teams or individually in a larger setting. (If played in a larger setting, you might take 2 volunteers from each side of the room to represent their team).

Have a look through and decide how best to play it in your setting. Answers are below

- Slide 2- A lighthouse
- Slide 3- A traffic light
- Slide 4- Olympic torch
- Slide 5- Lava lamp
- Slide 6- Disco ball
- Slide 7- Candle
- Slide 8- Lightbulb
- Slide 9- Match

Slide 10- **Leader:** What do all these things have in common?

You could allow time for discussion and take some ideas if you would like. The following slides could be read by the leader, or could be shared out amongst readers.

Slide 11: They all bring light.
They help people see.
They offer guidance.
They make a difference to the people around them.

Slide 12: But they do it in different ways.
Slide 13: A lighthouse guides ships.
Slide 14: A candle brings warmth and comfort.
Slide 15: A torch helps us find the next step.
Slide 16: A streetlamp lights the way home.
Slide 17: No single light does everything.
Slide 18: The same is true of people.
God created us differently because the world needs different kinds of light.