



SVP REVERSE ADVENT CALENDAR



Instead of taking something out, add one item to your box each day. By Christmas, donate your collection to a local food bank, SVP group, school, parish, or SVP Community Support Project. Join us each week for a short Advent reflection inspired by our theme, **Many Stories, One Light**, and discover how small acts of kindness can bring hope and shine a light for others. Start your Reverse Advent Calendar on Monday 23rd November.

Tinned fruit

Squash

Jam

Week 1 – Hope

“Every good action and every perfect gift is from God. These good gifts come down from the Creator of the sun, moon, and stars. God does not change like their shifting shadows.” – James 1:17



What good gift has God given you that you can share with others this Advent?

Ketchup

Pasta sauce

Shower gel

Week 2 –Love

“A great flame of faith and love must once again spread across the world, lighting the way for all people of good will.” –Pope Leo XIV, Supreme Pontiff of the Roman Catholic Church



What can you do to help bring more kindness and hope into the world?

Tea bags

Honey

Rice

Shampoo

Microwave
rice

Deodorant

Week 3 –Joy

“And the angel said to them, ‘Fear not, for behold, I bring you good news of great joy that will be for all the people.’” – Luke 2:10



Every person has their own story, but Jesus’ birth is a story that connects us all. Where do you see joy bringing people together?

Toothpaste

Mayo

Chocolates

Toiler roll

Pasta

Biscuits

Week 4 –Peace

“Make it a practice to judge persons and things in the most favourable light at all times and under all circumstances.” – St Vincent de Paul



How can I help others feel valued and loved?

Oil

Tinned meat

Tinned veg

UHT milk

Cereal

Coffee



Scan the QR code to learn more about SVP.