



19th Sunday in Ordinary Time

Matthew 14: 22-33

Immediately he made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone, but the boat by this time was a long way from the land, beaten by the waves, for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, and said, "It is a ghost!" and they cried out in fear. But immediately Jesus spoke to them, saying, "Take heart; it is I. Do not be afraid."

And Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus. But when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me." Jesus immediately reached out his hand and took hold of him, saying to him, "O you of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshipped him, saying, "Truly you are the Son of God."

Some things to think about...

- Why was Peter scared in this story? How did he show his trust in Jesus?
- Think about a time you were brave and took a "leap of faith" e.g. making a speech, making a new friend etc. How did it make you feel?
- What brave things can you do as Mini Vinnies to help those in need?

Activities

- On your boat handout, write on the area of water some ways you can be brave as a Mini Vinnie. On the boat, write what will help you e.g. help from your teacher, saying a prayer etc.
- Colour in your picture and keep it as a reminder to have faith.

Teacher's Notes

This passage is about trust, doubt and reassurance. Peter asks Jesus to prove it is him and let Peter walk on water. Peter had faith enough to walk on the water to Jesus when the wind was calm, but when it became windier he doubted that Jesus could help him. Jesus stretched out his hand and helped Peter take the next steps. This stopped Peter from sinking and reassured him that Jesus was with him every step of the way. There may be challenging times in our lives, but Jesus can calm our fears and give us the courage and peace of mind to face them.

Notes:



**"Take heart; it is I.
Do not be afraid."**
Matthew 14:27b



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Matthew 14:27b

