

15th Sunday in Ordinary Time (Year A)

Matthew 13:1-23

'A sower went out to sow.'

At that time: Jesus went out of the house and sat beside the lake. And great crowds gathered about him, so that he got into a boat and sat down. And the whole crowd stood on the beach. And he told them many things in parables, saying: 'A sower went out to sow. And as he sowed, some seeds fell along the path, and the birds came and devoured them. Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched. And since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and produced grain, some a hundredfold, some sixty, some thirty. He who has ears, let him hear.' Then the disciples came and said to him, 'Why do you speak to them in parables?' And he answered them, 'To you it has been given to know the secrets of the kingdom of heaven, but to them it has not been given. For to the one who has, more will be given, and he will have an abundance, but from the one who has not, even what he has will be taken away. This is why I speak to them in parables, because seeing they do not see, and hearing they do not hear, nor do they understand. Indeed, in their case the prophecy of Isaiah is fulfilled that says: "You will indeed hear but never understand, and you will indeed see but never perceive." For this people's heart has grown dull, and with their ears they can barely hear, and their eyes they have closed, lest they should see with their eyes and hear with their ears and understand with their heart and turn, and I would heal them. But blessed are your eyes, for they see, and your ears, for they hear. For truly, I say to you, many prophets and righteous people longed to see what you see, and did not see it, and to hear what you hear, and did not hear it. 'Hear then the parable of the sower: When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what has been sown in his heart.

This is what was sown along the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy, yet he has no root in himself, but endures for a while, and when tribulation or persecution arises on account of the word, immediately he falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the deceitfulness of riches choke the word, and it proves unfruitful. As for what was sown on good soil, this is the one who hears the word and understands it. He indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

Reflection

Think about your life at the moment. What is the "soil" of your heart like? Are there things that make it difficult for you to listen to God? Or are there people, experiences or moments that help your faith to grow? God is constantly planting seeds in our lives - through Scripture, prayer, other people and the opportunities we have to serve. What seed might God be planting in you at the moment? And how could you allow it to grow into something that brings hope to someone else?

Materials needed

- Small plant pot
- Soil/compost
- Seeds

Activity

Take a small plant pot, fill it with soil or compost and sow some seeds. Water them regularly and keep them somewhere bright.

As you watch your seeds grow over the coming weeks, think about your own faith. Just as a plant needs water, light and care, our faith needs prayer, Scripture, community and action.

You could even keep a small note beside your plant and write down one thing each week that has helped your faith to grow.

Call to Action

This week, let God's love take root in you by doing one simple act of kindness for someone who needs it.

