



28th Sunday in Ordinary Time

Philippians 4:12-13 (full reading: 4:12-14, 19-20)

I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.

Some things to think about...

"I can do all things through Christ who strengthens me" – Christians find comfort and peace knowing that God gives them the strength they need to reach their goals.

Each member of the St Vincent de Paul Society has different gifts they can use to help their community. This is the same for Mini Vinnies – e.g. art skills to help brighten up the school/parish; willingness to talk to others etc.

Activity

Write the gifts you bring to the Mini Vinnies on your superhero cloak (on the worksheet attached).

Teacher's notes

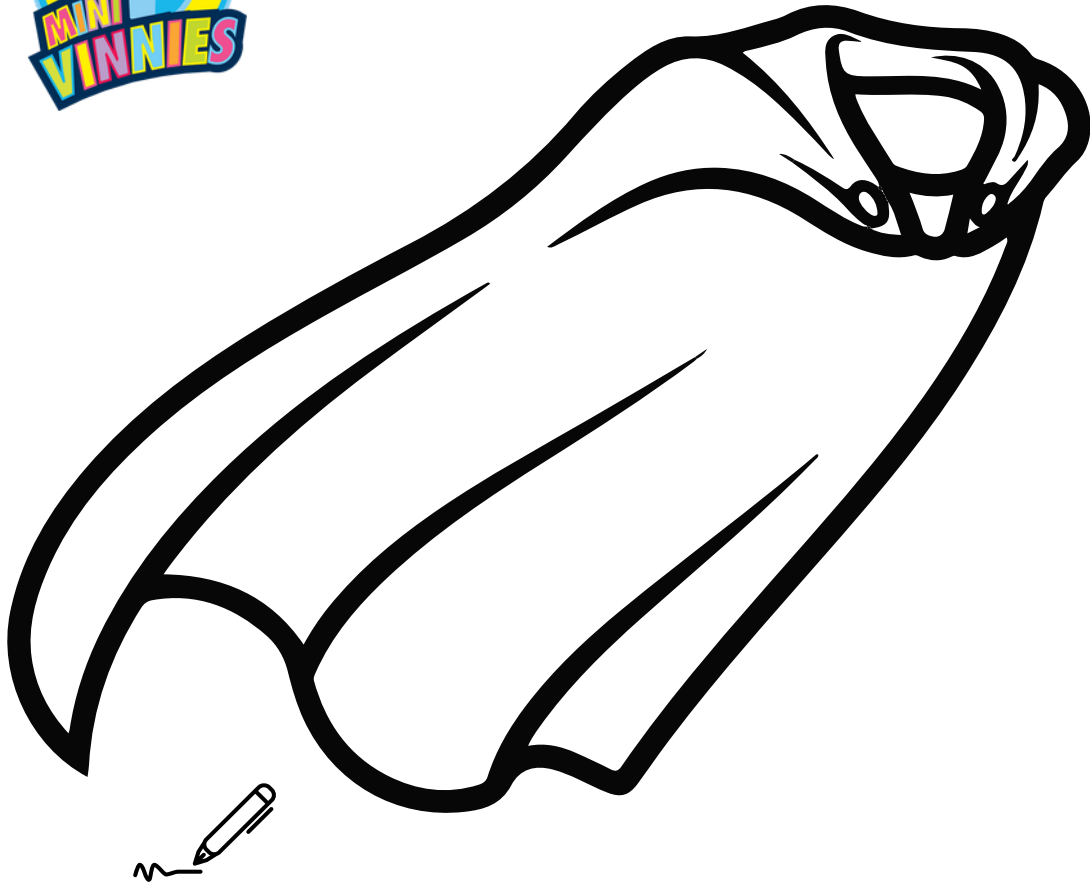
In this letter to the Philippians, St Paul is reassuring the reader that he trusts the Lord to provide for him in whatever he is going through. Christians pray during difficult times, for themselves and others in need.

They also believe that we are all blessed with the gifts to help each other. The SVP recognises that each person in a group has a unique gift to offer, whether that's leadership, organisation, arts/cooking, befriending and much more.

Use this week to help your Mini Vinnies think about the gifts they can use to turn their concern into action.

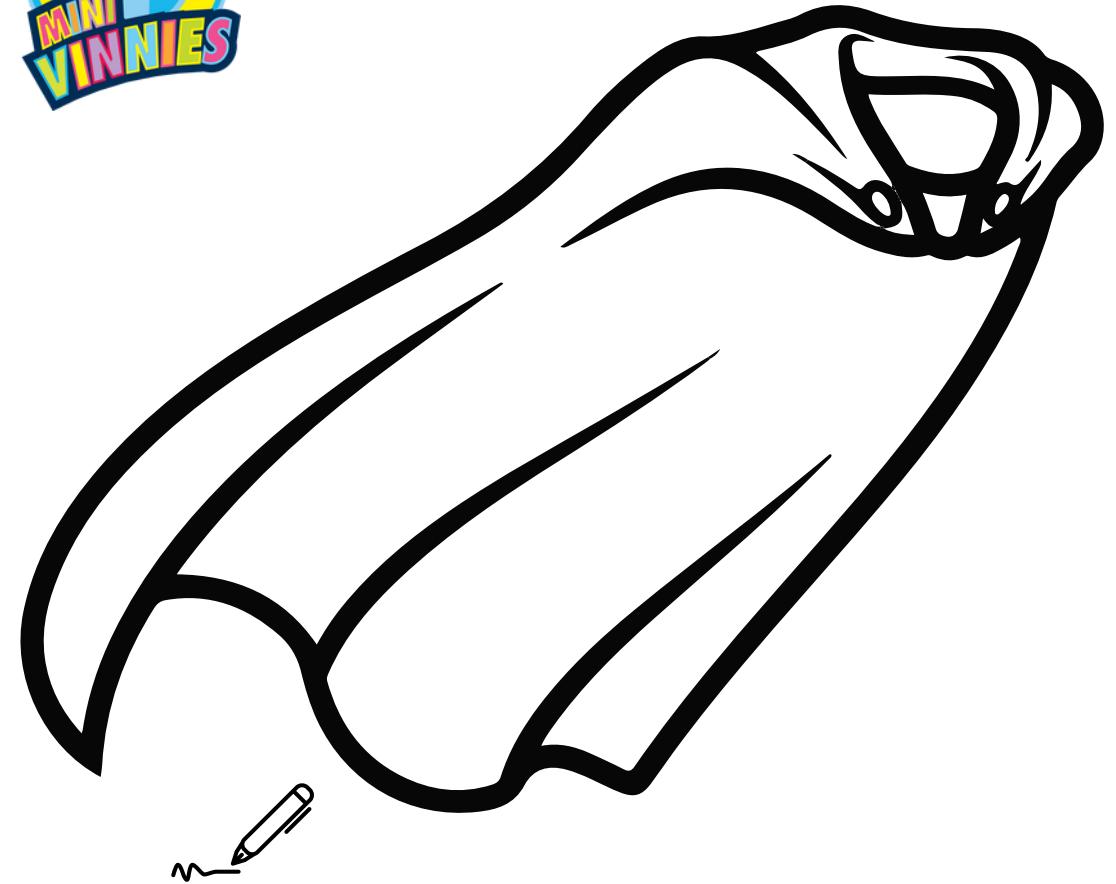
Notes:

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Christ who strengthens me"**



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