

SVP REVERSE ADVENT CALENDAR



Instead of taking something out, add one item to your box each day. By Christmas, donate your collection to a local food bank, SVP group, school, parish, or SVP Community Support Project. Join us each week for a short Advent reflection inspired by our theme, ***Many Stories, One Light***, and discover how small acts of kindness can bring hope and shine a light for others. Start your Reverse Advent Calendar on Monday 23rd November.

Tinned fruit	Squash	Jam
Ketchup	Pasta sauce	Shower gel
Tea bags	Honey	Rice
Shampoo	Microwave rice	Deodorant
Toothpaste	Mayo	Chocolates
Toiler roll	Pasta	Biscuits
Oil	Tinned meat	Tinned veg
UHT milk	Cereal	Coffee

Week 1 – Hope

"Every good action and every perfect gift is from God. These good gifts come down from the Creator of the sun, moon, and stars. God does not change like their shifting shadows." - James 1:17

What good gift has God given you that you can share with others this Advent?

Week 2 –Love

"A great flame of faith and love must once again spread across the world, lighting the way for all people of good will." –Pope Leo XIV, Supreme Pontiff of the Roman Catholic Church

What can you do to help bring more kindness and hope into the world?

Week 3 –Joy

"And the angel said to them, 'Fear not, for behold, I bring you good news of great joy that will be for all the people.'" - Luke 2:10

Every person has their own story, but Jesus' birth is a story that connects us all. Where do you see joy bringing people together?

Week 4 –Peace

"Make it a practice to judge persons and things in the most favourable light at all times and under all circumstances." - St Vincent de Paul

How can I help others feel valued and loved?

Scan the QR code to learn more about SVP.

St Vincent de Paul Society
England and Wales
Turning Concern into Action

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