

This resource has been produced by the St Vincent de Paul Society. The St Vincent de Paul Society (SVP) is a Catholic international volunteer organisation whose members work with anyone in need in their local community – the homeless, the elderly, prisoners, struggling families, people who are sick and lonely.
Young people are an important part of the Vincentian family. We are all called to be like Jesus by helping people, becoming their friend and working with others to make a difference. Find out more and view our young adult resources by visiting **svp.org.uk/svp1833**

Leaders Guide

Magnifica Humanitas Reflection

God did not create one kind of person, one type of work, or one way of being. He created a human family where each of us is called to reflect His love and become a light for others.

Many Stories, One Light celebrates the diversity of people, experiences, gifts, and vocations that make up our communities, united by a shared commitment to putting faith into action. Through four themes - Belong, Grow, Serve, and Shine - the SVP invites people of all ages to journey together. We are called to belong to communities rooted in friendship and faith, grow in compassion and confidence, serve with purpose through acts of love and justice, and shine as signs of hope in the world around us. These resources support young people to explore the Vincentian mission and discover how their unique story can help bring Christ's light into the world. Together, though our stories may be different, we share one light.

You will need

- *Quote cards (linked here)*
- *Pens*

Choose a card
Lay out the six quote cards and invite each person to choose the quote that stands out to them most.
Explain that the quotes link to our theme, Many Stories, One Light. We all have different stories, experiences and gifts, but we can come together through Christ's love and bring hope to others.

Explore a scenario
Read the following scenarios aloud. Choose one or two that are most relevant to your group.

Scenario 1: Someone left out
Someone regularly sits alone. People assume they prefer being alone, so nobody makes an effort to include them.
- What might we not know about their story?
- What could we do to help them feel included?

Scenario 2: More than meets the eye
A friend who is usually cheerful has become quieter and stopped joining in with activities. Nobody has asked if they are OK because they do not want to make things awkward.
- How could you show them that you care?
- Why is listening sometimes more important than trying to fix things?

Scenario 3: A community in need
Your local community has families struggling with the cost of everyday essentials. Your SVP1833 group wants to help, but you have very little money.
- What could you do that does not involve fundraising?
- Who could you work alongside to understand what is needed?

Encourage the group to share ideas. There is no single right answer.

Make the quote your own
Ask everyone to turn over their quote card and reflect on the following prompts before writing a short prayer in response.

- In my words: What does this Pope Leo quote mean to me?
- In our lives: How does this message connect to the scenario or something I have experienced?
- In prayer: Write a short prayer asking God to help you live out this message.

If there is time, invite a few young adults to share their thoughts and prayers.

Invite everyone to choose one small action they will try to put into practice during the coming week. They can keep their prayer card as a reminder.